UNITARIAN UNIVERSALIST CHURCH OF EVANSVILLE

The Compass

MARCH 2015

SERMON TOPICS:

- March 1—Roots & Wings
- March 8—Religion & Science
- March 15—A Gentle Death
- March 22—Spring
- March 22—Rev. Doddie Stone

INSIDE THIS ISSUE:

Sermon Topics	2
Habitat Interfaith Build	2
Warrior Goddess Class	2
Upcoming Events	3
Book Club	3
Coffee Order	3
Support Teams	3

Thoughts from Tina

A conversation with a friend on Facebook centered around complaining and how easy it is to fall into that habit. It made me think of this anecdote:

It takes a disciplined spirit to endure the monastery on Mount Serat in Spain. One of the fundamental requirements of this religious order is that the young men must maintain silence. Opportunities to speak are scheduled once every two years, at which time they are allowed to speak only two words.

One young initiate in this religious order, who had completed his first two years of training, was invited by his superior to make his first two-word presentation. "Food terrible," he said. Two years later the invitation was once again extended. The young man used this forum to exclaim, "Bed lumpy." Arriving at his superior's office two years later he proclaimed, "I quit." The superior looked at this young monk and said, "You know, it doesn't surprise me a bit. All you've done since you arrived is complain, complain, complain."

Exaggerated? Maybe. What if you were asked to share two words that describe your life? Would your focus be the lumps, bumps, and unfairness, or are you committed to dwell on those things that are good, right, and lovely?

-Tina Sizemore

Family Game Night

Friday, March 13 at 6:00pm
At Unitarian Universalist Church of Evansville
2910 E. Morgan Ave. Evansville, IN 47711

Join us for a night of food, fellowship, and fun.
Please bring a dish for potluck and
stay after dinner for games.
Sign-up sheet in church foyer. Please RSVP.
All members, friends, and visitors are welcome!

For more information contact Ashley Perkins, redirector@uuevansville.org
This event is sponsored by the Religious Exploration Committee.

Sermon Topics

March 1—**Roots & Wings—**Ashley Perkins will speak on Religious Exploration Appreciation. Ed Howard worship leader. Multi-generational service; no RE classes this week.

March 8—**Religion & Science.** Tom Moor worship leader.

March 15—**A Gentle Death:** talking about choices and dignity at end-of-life with Susanne Guudin. Brian Sturgill worship leader.

March 22—**Spring.** Suzanne Perrey worship leader. *Potluck following service.*

March 29—Reverend Doddie Stone returns to preach. Ed Howard worship leader.

2015 Habitat Interfaith Build

The Interfaith Habitat Council is currently in the Finance Drive phase of the 2015 Interfaith Build. If you would like to contribute financially to this effort, please send a check to Habitat of Evansville, Attn: Sr. Jane McClure, 1401 N. Fares Avenue, 47711. If you would like for your contribution to be associated with the Unitarian Universalist Church, just attach a note that as a member/friend of the UU Church, you would like for your contribution to go toward the Habitat Interfaith Build. The build will not be scheduled until the money has been raised. It is hoped that the build will happen this Summer or Fall. Opportunities to participate in the actual build and/or food preparation will be forthcoming. Thank you for your thoughtful consideration about participating in this wonderful community project.

Warrior Goddess Book Club and Energy Class

Women often fall into the habit of putting others before ourselves—partners, friends, family, children, and while we can move mountains to accomplish things for our loved ones, there can be a vacant hole left where we once held our own Warrior Goddess power.
-Warrior Goddess Training

Book: *Warrior Goddess Training: Become the Woman You Are Meant to Be* by HeatherAsh Amara

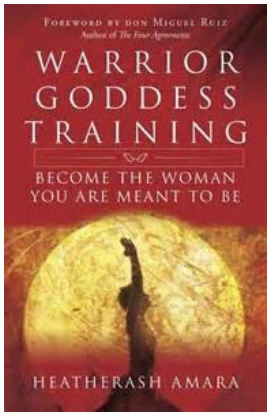
When: 10:00am each Saturday from April 4 to May 23

Where: Unitarian Universalist Church of Evansville

This eight week book discussion will be led by Crystal Folz. We will spend thirty minutes on discussion of the book and thirty minutes on learning beginner energy work. This is a hands-on class, as we will be learning how to group, center, tell when you are in someone else's space and when someone is in yours, among other techniques to help you relieve stress and anxiety while building healthy boundaries.

Please sign-up in the church foyer. For more details, contact Crystal Folz at crystal@gore-galore.com.

The book is available for purchase on Amazon.com and at Barnes & Noble. Crystal can order them for a cheaper price in advance. Only cost involved is for the book. The class and discussion are free.



Upcoming Events & Activities

Sun., Mar. 1: 9am Adult Discussion Group

Mon., Mar. 2: 6pm Down to Earth group

Mon., Mar. 2: 7pm Board meeting

Fri., Mar. 6: 7pm Drum Circle

Mon., Mar. 9: 6pm Down to Earth group

Fri., Mar. 13: 6pm Family Game Night

Sun., Mar. 15: 9am Adult Discussion Group

Sun., Mar. 15: 3pm Sisters of the Earth Goddess Circle

Mon., Mar. 16: 6pm Down to Earth group

Mon., Mar. 16: CAJE Rally at Nazarene Missionary Baptist Church

Fri., Mar. 20: 3:30pm United Caring Shelter Dinner (sign-up sheet in foyer)

Fri., Mar. 20: April COMPASS Submissions due

Mon., Mar. 23: 6pm Down to Earth group

Sun., Mar. 29: 9am Adult Discussion Group

Mon., Mar. 30: 6pm Down to Earth group

Tues., Mar. 31: 11:30am Book Club

Tues., Mar. 31: Spirit of Life—adult RE workshop

Unitarian Universalist Church of Evansville

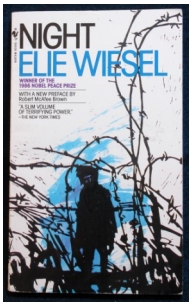
2910 East Morgan Avenue
Evansville, IN 47711
812-474-1704

Service on Sundays at 10:00am
Youth RE on Sundays at 10:30am

Child care available during service!

March Book Club

Join the UUCE Brown Bag Book Club on Tuesday, March 31 from 11:30am to 1:00pm. Bring your lunch to eat while we discuss the book of the month, *Night* by Elie Wiesel. All welcome!



Coffee Order

Place your order for Equal Exchange Fair Trade chocolate, cocoa and coffee by the 15th of the month. Coffee prices average $8-$10 per 10oz package plus shipping. Your purchase supports the Unitarian Universalist Service Committee. Contact Chris Norrington for details cnorrington@hotmail.com.

Support Teams

UUCE now has support teams in place to assist those members who need assistance with activities of daily living, such as grocery shopping, lawn care, meal preparation, etc., due to illness, death in the family, or other circumstance. If you or someone else needs such help, please notify Sharon Dennis at 431-9148 or sdennis1.sd@gmail.com, Bev Tonso at 476-9235 or btonso44@att.net, or Teddye Thompson at 402-2744 or t.thompson@wowway.com

Board of Directors:	
President	Tina Sizemore
President Elect	Sharon Dennis
Secretary	Chris Norrington
Secretary Elect	Jasmine Sturgill
Treasurer	Mollie Pharo
Treasurer Elect	David Fentress
Director	Suzanne Perrey
Director	Tom Moor
RE Director	Ashley Perkins

Other Volunteers:	
Building and Grounds	John Schaeffer
Communications	Chris Norrington
Congregational Life	Chris Norrington
Social Justice	Open
Stewardship	Chris Norrington
Worship Associates	Tom Moor
Youth Leader	Mary Helen Weldy
Newsletter Editor	Tina Sizemore info@uuevansville.org
Webmaster	Ashley Perkins
Website	www.uuevansville.org